



Mastery

Outcome-based, narrowly focused, group coaching. Easiest to enroll. (High Content)



Authority Based Q & A

Coach is known as an expert. Easiest to prepare for, hardest to enroll. Must build your recognition as an expert. (High Content)



Fishbowl

Member volunteers to be laser coached in front of the group. Coach broadens coaching debrief to transfer insights to each member of the group. (Medium Content)



Office Hours

Coach sets a specific day and time for group members to come & to be coached on anything they choose. (Low Content)



Mastermind

A group of like-minded members who brainstorm, discuss and hold each other accountable for actions toward their individual goals. Coach interjects coaching when needed or desired. (Low Content)